



Gender Identity Research  
And Education Society

## YOUR MUM'S ADVENTURE<sup>1</sup>

Registered Charity  
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Your Mum is about to go on an adventure.

You know, before we are born, whilst we are still in our Mum's tummies, we grow into little boys and little girls. You can tell, as soon as a baby is born whether it is a boy or a girl because we all understand that boys have a willy and girls don't. So we can all tell the difference between boys and girls. We expect boys to grow up to be men and, possibly, Dads; we expect girls to grow up to be women and, possibly, Mums.

And it's not just on the outside that we all grow into boys and girls, and later, men and women, but on inside as well, in the way that we feel about ourselves. It shows in the games we like to play and the friends we choose and the clothes we wear.

But there are ways in which we are all special and different from each other as well. And your Mum is a very special person. There are only a few people who are special in the way that your Mum is, so you won't meet them very often.

Firstly, you need to understand that the way we all think and learn and feel is in the brain, which is in the head; this is the place which tells us whether we are sad or happy or excited, and it is also the place that tells us whether we feel like a boy or feel like a girl. So whilst your Mum was still in her Mum's tummy, the outside of her body was growing into a girl, but, because she's special, inside she was growing to be like a boy. By the time she was born, although she looked like a girl on the outside, deep inside herself, she began to realise that she wasn't really a girl through and through.

She has tried hard all her life to be a girl and a woman, inside as well as outside, but she can't change who she is inside. She is not ill, but she doesn't feel like a whole, complete person and so she really needs to change her 'outside' into a man, to match her 'inside', so that is the adventure that she is going on.

The important thing to remember is that, no matter what happens, your Mum still loves you and always will. You will notice that she begins to look different and dress differently, but she will still love you. You will gradually get used to calling her 'him', and 'he' and using a different name - a man's name. That will be difficult at first but your Mum will still love you.

So, although he won't look quite the same, he will still be the same person inside and he will still love you. And he needs you to love him too.

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<sup>1</sup> for a pre-teens child whose mother is transitioning from female to male